

The 37th Annual Georgette Shatford Memorial Lecture Series

# How to Survive and Thrive

when mental illness affects you and your family

*Free webinars starting September 21st, 2021!*

**Sep. 21st, 7-9 PM**

**Schizophrenia**, Steven Siegel, M.D., Ph.D.

**Sep. 28th, 7-9 PM**

**Obsessive-Compulsive Disorder**, Barbara Van Noppen, Ph.D., L.C.S.W. & Adam C. Frank, M.D., Ph.D.

**Oct. 5th, 7-9 PM**

**Anxiety & Depression**, Michael Di Paolo, Ph.D.

**Oct. 12th, 7-9 PM**

**Bipolar Disorder**, Timothy Pylko, M.D.

**Oct. 19th 7-9 PM**

**Helpful Family Roles**, Shirley Glynn, Ph.D.

**Oct. 26th, 7-9 PM**

**Building Healthy Relationships**, Michael Di Paolo, Ph.D.



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