

Center Plaza / 中心廣場

• Free eye screening, will provide free screening service for acuity, glaucoma, elevated blood pressure by San Gabriel Taiwanese Lions Club

• 眼科義診: 檢查項目包括視力度數、眼壓、白內障、青光眼以及量血壓 - 美國台灣人獅子會

Room 1 / 1 號廳

• Oral health resources, dental plan resource and dental kits by Liberty Dental Plan

請來洽詢 LIBERTY Dental Plan, 解答您的牙科問題, 及關於全家口腔健康的資訊, 並獲得免費的牙科工具包! 將為 Medi-Cal 會員提供牙科計劃選項的資訊協助, 幫您尋找牙科診所!

• Free Magazines, DVD / 免費雜誌, DVD By Puti Meditation – 菩提禪修

• Free Health Screening / 健檢 By Asian Pacific Health Corps, UCLA.

Save
the
Date

NOV.

17,

10 a.m.

to

3 p.m.

Free
admission
Free
parking



Room 3 / 3 號廳

- **Children's Art Creations, 10 a.m. – 3 p.m.** Sponsored by West California Academy of Art & Design
- **What can \$5 buy? By Well Luck**
- **2020 Year of Rat Calligraphy Gift** Louie M Valdivia & Joy of Kung Fu

• **\$5 元, 開心買, 和樂公司 精選 特價區:**

- * 台灣百年餅鋪 – 陳允寶泉 / 一隻, 打敗過日本人的點心 ☺
- * AHMAD TEA (茶) / HERBAL TEAS (茶)
- * 吃果籽 - 台灣多口味, 果汁蒟蒻果凍
- * 洽洽 - 高品質瓜子
- 還有

• 兒童 環保 藝術 創作, 隨到隨做!

10 a.m. – 3 p.m. 汪老師 美術學院 贊助

• 2020 金鼠報喜, 書法贈送, 洪雷明書法家



Fitness Day and Health Fair in Rosemead • San Gabriel Valley

Rosemead Center: 3936 Muscatel Avenue, Rosemead, CA 91770

www.FitnessAndHealthFair.org



Room 2 / 2 號廳

- Health Screening
- Demonstrations / Performance
- Chinese Medicine
- Chi Recuperation
- Every Spin is A Win!
- Senior Haircut - \$2

- 健康檢查
- 中醫義診
- 轉輪盤得贈品 ☺
- 演示 / 表演
- 天人炁功調理
- 長者剪髮 - 2 美元

Feliz
Día de
la
Salud

全民
歡樂
健康日

Chúc
mừng
Ngày
Sức
khỏe



Ten Year Anniversary Celebration 1:30 p.m. at the Center Plaza



ACKNOWLEDGEMENTS:

City of Rosemead Rosemead Library
Rosemead Park and Recreation Center
Rosemead Chamber of Commerce C.H. Auto
APA Health C.A.R.E., UCLA Liberty Dental
Chen and Fan Accountancy Top Line Auto
The Lord of Universal Church Joy of Kung Fu
Yuan Ji Dance Southern California

AMBASSADOR OF THE EVENT:

Supervisor Hilda L. Solis, First District
American International Puti Society
Asian Pacific Health Corps, UCLA.
San Gabriel Taiwanese Lions Club
Tzu Chi Medical Foundation
West California Academy of Art and Design
Well Luck Co Rosemead Beauty School

